



Ukuhlomisa izingane zethu  
ngelikusasa

## Isiqinisiso 1

**Isihloko sesifundo: Ukugcina iSabatha lingcwele - UMyalo  
wesithathu**

# Umhlahlandlela womzali

Isikole sangeSonto    Isikole sasekhaya



# Mzali Othandekayo

Uyamukelwa kusifundo: **Ukugcina iSabatha lingwele - UMyalo wesithathu**

Lomqulu ukunika umhlahlandlela ofanele wokuba ungasethula kanjani lesi sifundo.

Ungasilungiselela futhi uthule kanjani lesi sifundo

Nanka amanye amasu ngezansi wokulungiselela nokwethula lesi sifundo:

Isinyathelo	Okufanele ukwenze
1.	<p>Finyelela ku Webhusayithi ye-New Apostolic Church ngokufaka noma ngokuchofaza kusixhumanisi esilandelayo kusuka ku-WhatsApp: <a href="https://bit.ly/3NACSSHS">https://bit.ly/3NACSSHS</a></p>
2.	<p>Qoqa lezizinsiza zokufunda ezilandelayo ukuze uqiniseke ukuthi usihlomele lesisifundo:</p> <ul style="list-style-type: none"> <li>• IBhayibheli</li> <li>• Isifundo ngefomethi ye-PDF esivele silungisiwe</li> <li>• Incwadi yengane yokusebenzela kanye namapensele, amakhilayoni, njll.</li> <li>• I-Vidiyo kiliphi okuyisiza sokufunda esingezekile / isisiza sokufunda ongazikhethela ngokuthanda kwakho</li> <li>• Ikhathekizimu yemibuzo nezimpendulo (Ikakhulukazi kulesisifundo sesiQinisiso).</li> </ul> <p><b>Qaphela:</b></p> <p>2.1: Isikhathi esifanele sokuthulwa kwalesisifundo, kungemuva kwenkonzo yangeSonto ekuseni, ngokuhambisana nesikhathi sesikole sangeSonto ukuze kugcinwe inqubo yesikhathi esijwayelekile.</p> <p>2.2: Uyacelwa ukuba ugcine isifundo sibe mfushane uma kunokwenzeka, khumbula izinga lokunaka kwezingane zethu (gxila esifundweni) - uyazi kangcono ingane yakho!</p> <p><i>Isikole sangeSonto ngokuvamile asidluli imizuzu engama-45.</i></p> <p>2.3: Lesisifundo silungele ibanga lesiQinisiso 1.</p> <p>2.4: Uyacelwa uthinte uThisha wakho wesiQinisiso uma udinga noma yiluphi usizo noma uma udinga ezinye izinsizakufunda kulezi ezingenhla.</p>
3.	<p>Khuleka (bheka umkhuleko osekugcineni kwalomqulu) bese ucela uNkulunkulu ukuba akusebenzise njengethuluzi ukwethula isifundo ngendlela Yena afuna ukuba uthule ngayo.</p>



# Fundisa lesisifundo sesikole sangeSonto ekhaya

## Ungasilungiselela futhi usifundise kanjani lesisifundo

Siyaqhubeka nokwabelana ngezululeko ezithile zokuthi ungasilungiselela futhi usifundise kanjani lesisifundo:

Isinyathelo	Okufanele ukwenze
4	Yenza indawo ilungele ukufundisa engenaziphazamiso lapho wena nengane / nezingane nisezingeni elifanayo.  <b>Isibonelo:</b> Hlala phansi ocansini noma eduze kwetafula.
5	Funda kulesisifundo. Phinda ufunde futhi isifundo ukuze usiqondisise kahle. Bukela lesisifundo sevidiyo kiliphu ukuze uthole ukuqonda okungcono ngalesisifundo.
6	Zenzele amanothi ngamaphuzu abalulekile ongathanda ukuwakhumbula.
7	Yazi inhloso yalesisifundo ingane yakho okufanele siyikhumbule.
8	Yethula lesisifundo enganeni yakho noma uyifundele lenandaba uma uthanda.
9	Khombisa ingane yakho ividiyo bese uphinde ubuyekeze incazelo yayo.
10	Khombisa ingane yakho umsebenzi okufanele iwenze encwadini yayo yokusebenzela (I Also Want To....)
11	Khuleka, noma ucele ingane yakho ukuba ikhuleke bese uphetha isifundo.

## Izinsiza zokufunda ezitholakalayo mayelana nokufundisela ekhaya.

Nazi ezinye izinsiza zokufunda zokungezelela lesisifundo sibe sezingeni leqophelo:

1. I-WhatsApp. Xoxani ngesifundo sesiQinisiso -1 nomunye umndeni osifundayo nawo.
2. Xoxisanani ngesifundo nabanye abazali ukuze uthole ukuchazeleka kahle mayelana nesifundo ngaphambi kokuba sifundiswe.
3. Khululeka ukwenza olwakho ucwaningo ukuze uthole ulwazi olungezekile.
4. Khuluma noMxhumanisi wesikole sangeSonto webandla lakho noma uThisha wesiKole abazimisele ukukusiza.



## Isifundo

<b>Isihloko</b>	Ukugcina iSabatha liNgcwele - UMyalo wesithathu
<b>Umbhalo weBhayibheli</b>	Amavesi ambalwa njengoba kubhekiselwe kumhlahlandlela wabazali ngezansi.
<b>Inhloso yesifundo</b>	Abaqinisiswa bafunda ukuthi bangagcina kanjani iSabatha lingcwele. Bafunda ukuthi bangazilungiselela kanjani izinkonzo eziNgcwele nezinzuzo ezihambisana nokugcina iSabatha lingcwele.

## Isifundo esifingqiwe:

Kulesi sifundo sizochaza uMyalo wesithathu: ***Khumbula usuku lweSabatha ulungcwelise.*** Sizofunda ukuthi kusho ukuthini ukugcina iSabatha lingcwele. Siyacelwa ukuthi sicabange ngalokho ukuthi yini esingayenza ngosuku lwangeSonto na? Ingabe sizilungiselela kanjani inkonzo eNgcwele na? Ingabe siyilungisa kanjani imphefumulo yethu na?

### ***Khumbula usuku lweSabatha ulungcwelise. (U-Eksodusi 20: 6-11)***

LoMyalo usikhuthaza ukuba evikini sibekela eceleni usuku olulodwa lwangeSonto:

- Ukudumisa uNkulunkulu,
- Ukubonga futhi sikhumbule lokho uNkulunkulu asenzele futhi asenzela khona (imisebenzi yensindiso),
- Ukuzindla ngezwi likaNkulunkulu.

### ***“ISabatha” - usuku lweNkosi***

ISabatha usuku lwe-7 kukhalenda yamaJuda. UNkulunkulu waphumula ngosuku lwesi-7 lapho edala umhlaba futhi walungcwelisa. Lokhu kusho ukuthi uNkulunkulu akalubuki kuphela njengosuku lokuphumula kepha futhi njengosuku okufanele lugcinwe lungcwele. Lolusuku lokuphumula sinikezwe lona ukukhumbula umsebenzi wokudala kukaNkulunkulu (Amahubo 92: 1-5).

Ku-Testamente eliDala, lolusuku lwalukhunjulwa ukudumisa uNkulunkulu ngokukhulula ama-Israyeli eGibhithe.

KumaKristu, iSabatha wusuku lwangeSonto. UJesu wavuswa kwabafuleyo ngosuku lwangeSonto. AmaKristu athatha usuku lwangeSonto njengelingcwele.

### ***'LiNgcwelise'***

Ngesikhathi se-Testamente EliDala, uNkulunkulu wanikeza iSabatha njengesipho. Kwenzelwa ukuthi kube wusuku abantu okufanele baphumule ngalo emisebenzini yabo baphendukele kuNkulunkulu ngaphandle kokuphazamiseka. Ukugcina iSabatha lingcwele kwakusho ukuba nenkonzo ekhethekile yomhlatshelo (Numeri 28: 9-10) kanye nokugwema umsebenzi womuntu wokuhweba nenkulumo eyize.



Ku-Testamente eliSha, uJesu waya esinagogeni (indawo yokukhuleka yamaJuda) ngosuku lweSabatha. UJesu naYe waphilisa abagulayo. (NgokukaLuka 6: 6-11) Ababhali ngaleso sikhathi, bacabanga ukuthi uJesu ngokuphulukisa abagulayo, wenza “umsebenzi”. Ingabe uJesu akazange awulalele yini umyalo na? UJesu wakwenza kwacaca ukuthi ukwenza okuhle kwabanye akubalulekile kuphela kodwa kuvunyelwe ngosuku lweSabatha.

### ***Ingabe siligcina kanjani lungcwele iSabatha na?***

Usuku lwangeSonto kufanele lube wusuku lokuphumula nosuku lokugubha umkhosi womphefumulo.

Sigcina usuku lweSabatha lungcwele ngo:

- Kukhonza uNkulunkulu enkonzweni eNgcwele.
- Kumunca izwi laKhe ngokukholwa (lokhu kusho ukukholwa nokwenza ngokwezwi esilizwayo enkonzweni)
- Kuthethelelwa izono zethu
- Kuhlanyela ngokufanele kumzimba negazi likaJesu Kristu

Labo abangakwazi ukuya enkonzweni eNgcwele bangacina usuku lwangeSonto lungcwele ngokuthola ukuxhumana noNkulunkulu kanye nebandla ngomkhuleko. Lokhu kusebenza kulabo okufanele basebenze; abagulayo; abakhubazekile noma asebekhulile.

### ***Ingabe ngingenzani ngosuku lwangeSonto na?***

- Usuku lwangeSonto usuku olubaluleke kakhulu kithi.
- Inkonzo eNgcwele iyisehlakalo esibaluleke kakhulu.
- Sifuna ukugcina lolusuku luNgcwele
- Noma yini esiyenzayo ngosuku lwangeSonto kuyisibopho sethu, kumuntu ngokwakhe.
- Zibuze ukuthi “Ingabe ngenzani ngesikhathi sami ngosuku lwangeSonto na? – Ingabe engikwenzayo kulufanele yini usuku okufanele lunikezelwe eNkosini na?”

### ***Ingabe (ngizingcwelisa) ngizilungiselela kanjani ngokwami kanye nomphefumulo wami ngenkonzo eNgcwele na?***

- Usuku lwangeSonto wusuku lomusa nesibusiso esinikezwe nguNkulunkulu.
- Ukuzwa lomusa nesibusiso, kufanele sizilungiselele.
- Okusho ukuthi ngosuku olwandulelayo futhi ekuseni ngaphambi kwenkonzo eNgcwele, sisuke sizindla ngalo losuku.
- Singafunda ezinye zezincwadi, njenge “Community”, iBhayibheli, ikhathekizimu; lalela eminye yomculo wesonto lethu; cabanga ukuthi siziphathe kanjani phakathi neviki eledlule - esikwenzile okungalungile - ukuthi ungaba kanjani umuntu ongcono, umntwana ongcono kaNkulunkulu futhi uthandaze.
- Uma sizilungiselela, umphumela woba ukuthi inkonzo eNgcwele kanye nosuku lwangeSonto kubanenjongo ebalulekile ezimpilweni zethu.

### ***UNkulunkulu ufuna ukusingcwelisa.***

- Yileyo naleyo Nkonzo eNgcwele ibangcwele ngokuba uNkulunkulu ukhona
- UNkulunkulu usingcwelisa:
  - o Ngezwi lentshumayelo
  - o Ngokuthethelelwa kwezono
  - o Ngokuhlanyela eSidlweni seNkosi esiNgcwele futhi
  - o Ngesibusiso saKhe (Umkhuleko wokugcina womusa) - umkhuleko ngaphambi kokuba sicule u-Ameni
- Ngesikhathi senkonzo iNkosi iyasingcwelisa futhi isenze silungele isikhathi esizayo



*“Kepha uNkulunkulu wokuthula, Yena uqobo, makaningcwelise ngokupheleleyo, kulondolozwe umoya wenu wonke nomphfumulo nomzimba, kungabi-nacala ekufikeni kweNkosi yethu uJesu Kristu” (1 Thesalonika 5: 23).*

## Ingabe sisho ukuthini lesisifundo kithina namhlanje na?

- ISabatha, usuku lwangeSonto lamaKristu, liwusuku lweNkosi.
- Kuwusuku lokuphumula nosuku olunikezelwe eNkosini.
- Sigcina iSabatha lingcwele ngokuhambela izinkonzo eziNgcwele nangokuziphatha kwethu, ngamanye amagama indlela esiziphatha ngayo usuku lonke.
- Sizingcwelisela inkonzo futhi singcweliswa nguNkulunkulu phakathi nenkonzo.

## Eminye imibuzo esingayibuza:

### 1. Ingabe iSabatha nosuku lwangeSonto kuwusuku olufanayo na?

Ngokomthetho wamaJuda (inkolo yamaJuda) iSabatha usuku lwesikhombisa. UNkulunkulu waphumula ngosuku lwesikhombisa lokudala futhi walungcwelisa (ngamanye amazwi, walwenza ngcwele). Lolu suku lokuphumula lwalunikezwe ukukhumbula umsebenzi wokudala kukaNkulunkulu nokukhumbula indlela uNkulunkulu awakhulula ngayo ama-Israyeli eGibhithe. kukhalenda yamaJuda lolu suku lungomgqibelo.

KumaKristu, usuku lweSabatha usuku lwangeSonto. UJesu uvuswe kwabafeyo ngalolusuku lwangesonto. KumaKristu, ukungcwelisa usuku lwangeSonto nakho-ke kuwumsebenzi wokuvuka kukaJesu Kristu nokukhunjulwa kwe-Phasika.

Ngakho-ke, iSabatha (kuzo zombili izinkolo zobuJuda nezamaKristu) usuku lokuphumula, usuku olungcwele. Kodwa-ke, amaJuda agubha iSabatha ngomgqibelo futhi amaKristu agubha iSabatha lawo ngosuku lwangeSonto.

### 2. Sizwa igama elithi “ngcwele” ngaso sonke isikhathi. Ingabe kusho ukuthini lokhu na?

'Ngcwele' kusho ukuhlukaniswa nalokho okungokwasemhlabeni nokwasemuva (nsuku zonke, inqubo); kusho ukuthi uzinikezele kuNkulunkulu.

### 3. Ingabe uyini umkhuleko wokugcina womusa na?

Umkhuleko wokugcina womusa uyisibusiso esivela kuNkulunkulu esisithola ekugcineni kwazo zonke izinkonzo ngaphambi nje kokuba sicule u-Amen njengebandla: Lawa angamazwi awo: **“Umusa weNkosi uJesu Kristu, nothando lukaNkulunkulu, nokuhlangana kumaMoya oNgcwele makube-nani nonke. Amen.”** 2 KwabaseKhorinte 13: 14



**UMkhuleko kaBaba noMama ngaphambi kwesifundo:**

*Nkulunkulu othandekayo, ngiyakubonga ngalolusuku*

*Busisa bonke abazali nezingane*

*Sengathi singabuzwa ubukhona baKho*

*Busisa isifundo esizoba naso*

*Sicela usifundise ukukukhonza*

*Futhi usisize ukwenza intando yaKho*

*Ukuze sikhule sisondele kuWe*

*Thumela uJesu azosilanda*

*Futhi kwangathi singalungela ukuhlangana naYe*

*Amen*



Notes
