



Future-proofing our children

Confirmation 1

Lesson Title: Prayer – The Lord's Prayer

A Parent's Guide

Sunday School Home Schooling



Dear Parent

Welcome to the **Prayer Confirmation 1** lesson.

This document provides you with a minimum guide on how to present the lesson.

How to prepare and present the lesson

Below are some tips on how to go about preparing and presenting the lesson:

Step	Action
1	Access the New Apostolic Church Website by keying-in or clicking on the following link from WhatsApp: https://bit.ly/3NACSSH5
2	Gather the following tools to ensure that you are ready for the lesson: <ul style="list-style-type: none"> • Bible • The lesson in PDF format that is already prepared • Child's workbook and a pen, etc. • The Video Clip which is an additional/ optional resource tool • Catechism and Questions and Answers (especially for Confirmation) <p>Note:</p> <p>2.1: An ideal time preferably to present the lesson is after the Sunday morning service in line with the normal Sunday School time to maintain the routine.</p> <p>2.2: Please keep the lesson as concise (brief) as possible, bearing in mind the attention span (to focus on the lesson) of our children - you know your child best! <i>Sunday School normally does not exceed 45 minutes.</i></p> <p>2.3: The lesson is class specific (Confirmation 1).</p> <p>2.4: Please contact your Confirmation Teacher if you need any assistance or if you need any of the above resources.</p>
3	Pray (see the prayer at the end of this document) and ask God to use you as a tool to present the lesson the way He would want us to present it.



Present a Confirmation Lesson at Home

How to prepare and present the lesson

We continue to share some tips on how to go about preparing and presenting the lesson:

Step	Action
4	Create a pleasant, disturbance free learning environment where you and the child/ren are at the same level. <i>Example:</i> Sit around a table.
5	Read through the lesson. Re-read the lesson so that you understand it. Watch the video-clip of the lesson to get a better understanding of the lesson.
6	Make notes for yourself on important points that you would like to remember.
7	Understand the objective of the lesson that your child must remember.
8	Present the lesson to your child.
9	Show your child the video and recap on the meaning.
10	Refer your child to the activity in the child's workbook (I Also Want To....)
11	Pray, or ask your child to pray and close the lesson.

Available tools in terms of Home Schooling

Herewith some tools to enhance the quality of the lesson:

1. WhatsApp chat the lesson with another Confirmation 1 family.
2. Discuss the lesson with other parents to obtain clarity regarding the lesson before it is presented.
3. Feel free to conduct (do) your own research for additional (extra) information.
4. Contact your congregation SS Coordinator or Confirmation Teacher.



The Lesson

Lesson Title	Prayer
Lesson Objective	The confirmands learn the content and meaning of the Lord's prayer (Jesus Christ's prayer)
Bible text	Matthew 6:9-13

Lesson Summary:

There are many types of prayers. Today we are focusing on the prayer that the Lord Jesus taught his disciples: "The Lord's Prayer" also known as the "Our Father."

When do we pray the Lord's Prayer?

- Usually it is the prayer that we pray before the forgiveness of sins in the divine service.
- That does not however mean that it is the only time we may say this prayer.
- You can pray the Lord's Prayer any time.

Why do we pray the Lord's Prayer?

- Usually we pray the Lord's prayer together as congregation – it is an expression of our fellowship among ourselves and with God.
- The prayer includes everything that is important in a prayer: divine adoration (we praise and glorify our God), various petitions (what we ask God), it expresses our willingness to reconcile with God, our trust in God.
- We also pray the Lord's Prayer to prepare ourselves for the forgiveness of sins and to sanctify ourselves.

What does the Lord's Prayer mean – what are we actually praying in the prayer?

Our Father: we are God's children and can call Him our Father. We can come to our Father with all our concerns

in heaven: God is greater than all things on earth. He is also close to us human beings on earth. He is omnipotent – he has great power and influence.

Hallowed be Your name: hallow is an old English word that means the same as holy. God is Holy. We give praise and honour to God. We look up to Him. We want to be obedient to him and live according to His will. We do not want to misuse His name.

Your kingdom come: The kingdom of God has come to us in Christ. We want the nature of Christ to be in us and our congregations. Moreover, we want God to show us His kingdom with the return of Christ. We want Christ to take His Bridal congregation home.



The Lord's Prayer Continued

Your will be done on earth as it is in heaven: God rules in heaven from His throne according to His will. On earth we want to do the will of God.

Give us this day our daily bread: our daily bread is a symbol for everything we need to live, also God's word (food for our soul)

And forgive us our debts, as we forgive our debtors: we admit we are sinners and ask for forgiveness. God is gracious and forgives us. Because He is gracious and forgives us, He asks us to do the same. Therefore, God will only forgive us if we ourselves are willing to forgive.

And do not lead us into temptation, but delivers us from the evil one: we ask God's help to resist sin, we also plead with God to protect us from trials/circumstances and also to set us free, to rescue us from the evil one.

For Yours is the kingdom and the power and the glory forever: We praise God and His power and His glory. Kingdom also implies God's plan of salvation and our longing to be part of it, to experience God's glory in His presence forever.

Amen: means "So be it", we confirm everything we have prayed in this prayer.

What does this lesson mean for us today?

- We learnt the meaning of every part of the Lord's Prayer.
- We now have a better understanding and a new meaning of the Lord's prayer.
- We learnt that we pray this prayer before the forgiveness of sins during a divine service and whenever we feel like we wish to do so.
- We learnt why we pray the Lord's prayer. The prayer contains everything Lord Jesus has taught us to pray in a prayer.





Some questions that we can ask:

1. What types of prayers do you know?

Answer: Morning prayers, Evening prayers, Grace (at mealtimes), Family prayers, the Prayer before a service, the Lord's prayer.

2. When do you we pray?

Answer: Any time:

- when we wake up,
- when we go to bed,
- before meals,
- after our sins are forgiven in church,
- before a service,
- when we are thankful,
- when we need God,
- when someone else asks us,
- when we see someone needs our prayers.
- Our prayer life does not have to be restricted to traditions and rituals.

3. Why do we pray?

Answer: to build a personal relationship with God, to share our hearts and thoughts with God - our gratitude, our intercessions on behalf of others and ourselves, to praise and worship God.

A Prayer for Daddy and Mommy to pray before the lesson:

Dear God, thank you for this day

Bless all parents and children

May we feel your presence

Bless the lesson we will have

Please teach us how to serve you

And help us to do your will

So that we grow closer to you

Send Jesus to fetch us

And may we be ready to meet Him

Amen