



Future-proofing our children

Confirmation 2

Lesson Title: Our prayer

A Parent's Guide

Sunday School Home Schooling



Dear Parent

Welcome to the **Our Prayer** lesson.

This document provides you with a minimum guide on how to present the lesson.

How to prepare and present the lesson

Below are some tips on how to go about preparing and presenting the lesson:

Step	Action
1	<p>Access the New Apostolic Church Website by keying-in or clicking on the following link from WhatsApp:</p> <p>https://bit.ly/3NACSSH5</p>
2	<p>Gather the following tools to ensure that you are ready for the lesson:</p> <ul style="list-style-type: none"> • Bible • The lesson in PDF format that is already prepared • Child's workbook and a pen, etc. • The Video Clip which is an additional/ optional resource tool • Catechism and Questions and Answers (especially for Confirmation) <p>Note:</p> <p>2.1: An ideal time preferably to present the lesson is after the Sunday morning service in line with the normal Sunday School time to maintain the routine.</p> <p>2.2: Please keep the lesson as concise (brief) as possible, bearing in mind the attention span (to focus on the lesson) of our children - you know your child best!</p> <p><i>Sunday School normally does not exceed 45 minutes.</i></p> <p>2.3: The lesson is class specific (Confirmation 2).</p> <p>2.4: Please contact your Confirmation Teacher if you need any assistance or if you need any of the above resources.</p>
3	<p>Pray (see the prayer at the end of this document) and ask God to use you as a tool to present the lesson the way He would want us to present it.</p>



Present a Confirmation Lesson at Home

How to prepare and present the lesson

We continue to share some tips on how to go about preparing and presenting the lesson:

Step	Action
4	Create a pleasant, disturbance free learning environment where you and the child/ren are at the same level. Example: Sit around a table.
5	Read through the lesson. Re-read the lesson so that you understand it. Watch the video-clip of the lesson to get a better understanding of the lesson.
6	Make notes for yourself on important points that you would like to remember.
7	Understand the objective of the lesson that your child must remember.
8	Present the lesson to your child.
9	Show your child the video and recap on the meaning.
10	Refer your child to the activity in the child's workbook (I Also Want To.....)
11	Pray, or ask your child to pray and close the lesson.

Available tools in terms of Home Schooling

Herewith some tools to enhance the quality of the lesson:

1. WhatsApp chat the lesson with another Sunday school family.
2. Discuss the lesson with other parents to obtain clarity regarding the lesson before it is presented.
3. Feel free to conduct (do) your own research for additional (extra) information.



The Lesson

Lesson Title	Our Prayer
Lesson Objective	The objective of this lesson is that the confirmands examine and enrich their personal prayers.
Bible Verses	Bible verses: Matthew 6: 5–7; Romans 8: 15; Thessalonians 5: 17

Lesson Summary:

- To pray means to speak to God. Our prayer should be inspired by an inner need and longing. To pray means to draw godly powers upon oneself. We always want to pray to God with our whole heart.
- Two of Jesus' prayers are relevant to this lesson, namely:
 - The Lord's Prayer
 - Jesus' intercessory prayer
- Refer to Question and Answer numbers 632-642 and 720 to provide context to this lesson.
- God is pleased when we talk to Him. We want to confide in God so that as His children we can develop spiritually and become worthy.
- When we pray it does not matter whether we use many or beautiful words, or even whether we construct perfect sentences.
- Our prayer comprises adoration and thanks to God, as well as petitions and intercessions on behalf of others. In special situations our prayer need not include all of these elements. We may be in a situation or circumstance where we simply plea for God's help. Our prayer may then consist of a few words... "God, help me!"
- We begin the day with a prayer and end the day with a prayer. Before every meal let us pray to thank God for the food and to ask Him to bless it. In special situations, such as before an exam at school, we may ask God for help.
- Also, let us not forget to thank Him afterwards. In addition we can turn to our bearers of blessing, the ministers, who will also pray for us! With prayer, we prepare ourselves before every divine service.
- After partaking of Holy Communion we should also express our personal thanks in a silent prayer. Let us speak with our heavenly Father whenever we feel the need to do so. "Pray without ceasing"



What does this lesson mean for us today?

- In today's lesson we learnt about prayer.
- We were taught that prayer is a conversation with God and that we do not have to use many and beautiful words to talk to God.
- Through prayer we develop a relationship with God.
- A prayer has different parts to it; we bring adoration to God, thank Him and pray for others.
- We also pray when we are in need of God's help.
- We always pray to God and do so without ceasing.
- We must strive to pray more and more fervently!

Some questions that we can ask:

1. What should the composition of our prayer be??
Answer: • *Our prayer comprises adoration, thanks, petitions, and intercessions. In special situations our prayer need not include all of these elements. We may be in a situation or circumstance where we simply plea for God's help. Our prayer may then consist of a few words.*
2. Why do we pray?
Answer: *Parents know what their children need. But, they still want them to ask, to be thankful and to tell them their concerns. In other words, parents want their children to speak to them. This helps to develop a relationship of trust. So too with God our Heavenly Father. God is pleased when we talk to Him. We want to confide in God in the same way, so that as His children we can develop spiritually and become worthy.*
3. When should we pray?
Answer: • *We **begin the day** with a prayer and end the day with a prayer. **Before every meal** let us pray to thank God for the food and to ask Him to bless it. **In special situations**, such as before an exam at school, we may ask God for help. Also, **let us not forget to thank Him afterwards.** In addition we can turn to our bearers of blessing, the ministers, who will also pray for us! We may pray to our heavenly Father **at any time**, even if it is a short prayer. Let us prepare ourselves before **every divine service by praying** that we may recognise its value and that our soul may be able to absorb as much as possible of God's word and blessings. **After partaking of Holy Communion**, we should also express our personal thanks in a silent prayer. Let us speak with our heavenly Father whenever we feel the need to do so.*



 Notes

A Prayer for Daddy and Mommy to pray before the lesson:

Dear God, thank you for this day

Bless all parents and children

May we feel your presence

Bless the lesson we will have

Please teach us how to serve you

And help us to do your will

So that we grow closer to you

Send Jesus to fetch us

And may we be ready to meet Him

Amen