



### Exercise

Try to match the words on the opposite page to one of the three terms: soul, spirit, or body. Write words that cannot be clearly allocated to only one concept in such a way that they extend into all areas to which they apply.

This exercise can also be done with a partner.

Afterwards compare your answers, discuss any differences, and supplement or revise your suggestions.

Notes can be made at the end of the workbook.

### Objective

I respect all life because it comes from God. I know how important my earthly life is for my eternal future.

### Contents

All life comes from God; great respect for life.  
 Body, soul, and spirit.  
 Earthly life and the immortality of the soul.  
 The Fifth Commandment.

CNAC-QA 329–340

### The Fifth Commandment

You shall not murder.

### The main points:

I also want to ...

Homework

# Life and immortality

transitory – capable of sensing – immortal – able to think – reason – emotions – heart – mind – mortal – to feed, nourish ourselves – able to feel God's nearness



... have great respect for life!

Consider the question: "What attributes do I expect to find in a friend?"