



Future-proofing our children

Confirmation 2

Lesson Title

Peace and Contentment

A Parent's Guide
Sunday School Home Schooling



Dear Parent

Welcome to the “**Peace and Contentment**” Confirmation 2 lesson.

This document provides you with a minimum guide on how to present the lesson.

How to prepare and present the lesson

Below are some tips on how to go about preparing and presenting the lesson:

Step	Action
1	<p>Access the New Apostolic Church Website by keying-in or clicking on the following link from WhatsApp:</p> <p>https://bit.ly/3NACSSHS</p>
2	<p>Gather the following tools to ensure that you are ready for the lesson:</p> <ul style="list-style-type: none"> • Bible • The lesson in PDF format that is already prepared • Child’s workbook and pencils, crayons, etc. • The Video Clip which is an additional/ optional resource tool • Catechism and Questions and Answers (especially for Confirmation) <p>Note:</p> <p>2.1: An ideal time preferably to present the lesson is after the Sunday morning service in line with the normal Sunday School time to maintain the routine.</p> <p>2.2: Please keep the lesson as concise (brief) as possible, bearing in mind the attention span (to focus on the lesson) of our children - you know your child best! <i>Sunday School normally does not exceed 45 minutes.</i></p> <p>2.3: The lesson is class specific (Confirmation 2).</p> <p>2.4: Please contact your Confirmation Teacher if you need any assistance or if you need any of the above resources.</p>
3	<p>Pray (see the prayer at the end of this document) and ask God to use you as a tool to present the lesson the way He would want us to present it.</p>



Present a Confirmation Lesson at Home

How to prepare and present the lesson

We continue to share some tips on how to go about preparing and presenting the lesson:

Step	Action
4	Create a pleasant, disturbance free learning environment where you and the child/ren are at the same level. Example: Sit on a mat or around a table.
5	Read through the lesson. Re-read the lesson so that you understand it. Watch the video-clip of the lesson to get a better understanding of the lesson.
6	Make notes for yourself on important points that you would like to remember.
7	Understand the objective of the lesson that your child must remember.
8	Present the lesson to your child.
9	Show your child the video and recap on the meaning.
10	Refer your child to the activity in the child's workbook (I Also Want To...)
11	Pray, or ask your child to pray and close the lesson.

Available tools in terms of Home Schooling

Herewith some tools to enhance the quality of the lesson:

1. WhatsApp chat the lesson with another Confirmation 2 family.
2. Discuss the lesson with other parents to obtain clarity regarding the lesson before it is presented.
3. Feel free to conduct (do) your own research for additional (extra) information.
4. Contact your congregation Sunday School Coordinator and/or Confirmation teacher for additional information.



The Lesson

Lesson Title	Life and immortality
Text	2 Samuel 11, 2 Samuel 12, Matthew 26: 39, John 14: 27, Philipians 4:7 and Revelation 22:20
Catechism & Q&A	Chapter 5, Q&A 359-364
Lesson Objective	The confirmands know that God wants to bring about profound and lasting peace in the hearts of His own. They know this peace and want to carry it in their hearts.

Lesson Summary:

- King David saw a very beautiful woman and found out that her name was Bathsheba. She was the wife of Uriah. Nevertheless, David still wanted to have this woman for himself and arranged that her husband be killed on the frontline (cf. 2 Samuel 11).
- David violated the 6th and 5th Commandments. He became an adulterer and a murderer.
- God gave two further commandments (the 9th and 10th). They guide us in our conduct towards our fellow human beings and their property:
 - Ø You shall not covet your neighbour's house. And...
 - Ø You shall not covet your neighbour's wife, nor his male servant, nor his female servant, nor his ox, nor his donkey, nor anything that is your neighbour's.
- God gave the Ten Commandments to His people so that they could live together in harmony and peace without anxiety or fear. His people were to be an example and a blessing for all human beings.
- As God's children we bring our earthly wishes to our Heavenly Father in prayer. However, we always add, "Not as I will, but as You will" (Matthew 26: 39). Contentment and peace in our heart are a good basis for living in peace with our fellow human beings. However, there is more to true peace and genuine harmony than simply not envying or harming our neighbour.
- We have to overcome all feelings and thoughts which are not good. We must wholeheartedly wish our neighbour well. True and consistent peace and harmony will then be ours.
- It is not always easy to have and keep peace in our heart. We all know that we can quickly lose this peace because of things that happen to us and around us.



- The Lord Jesus said, “Peace I leave with you, My peace I give to you” (John 14: 27). Through Jesus, God offers us divine peace “which surpasses all understanding” (Philippians 4: 7).
- When we grasp everything which Jesus Christ offers to us we will have great confidence and strength within.

What does this lesson mean for us today?

- It is very important that we obey the Commandments of God.
- Among these are the 9th and 10th commandments that teach us not to covet anything that belongs to our neighbour.
- God gave the Ten Commandments to us so that we can live together in harmony and peace without anxiety or fear.
- We should be examples and a blessing for all people.
- It is not always easy to keep peace in our heart, however, we should secure and preserve this peace.
- We should strive to have the divine peace of Jesus Christ within us!

Some questions that we can ask:

- 1. When King David desired Bathsheba, what Commandments did he break?**
Answer: 5th and 6th Commandments
- 2. Why did God give the Ten Commandments to His people?**
Answer: God gave the Ten Commandments to His people so that they could live together in harmony and peace without anxiety or fear. His people were to be an example and a blessing for all human beings.
- 3. Explain what the 9th and 10th Commandments are about?**
Answer: We should not desire the belongings of our neighbour nor our neighbour’s wife or husband.

A Prayer for Daddy and Mommy to pray before the lesson:

Almighty God and eternal Father, thank you for this wonderful day.

With gratitude we bow before you today and thank you for another opportunity to learn.

Please help us today to understand and grasp the lesson but most of all, the ability to apply it in our daily lives.

We ask this in Jesus’s name, - Amen