



Future-proofing our children

Confirmation 2

Lesson Title: Holy Communion – The 7th Article of Faith

A Parent's Guide

Sunday School Home Schooling



Dear Parent

Welcome to the **Holy Communion – The 7th Article of Faith** lesson.

This document provides you with a minimum guide on how to present the lesson.

How to prepare and present the lesson

Below are some tips on how to go about preparing and presenting the lesson:

Step	Action
1	Access the New Apostolic Church Website by keying-in or clicking on the following link from WhatsApp: https://bit.ly/3NACSSHS
2	Gather the following tools to ensure that you are ready for the lesson: <ul style="list-style-type: none"> • Bible • The lesson in PDF format that is already prepared • Child's workbook and pencils, crayons, etc. • The Video Clip which is an additional/ optional resource tool • Catechism and Questions and Answers (especially for Confirmation) <p>Note:</p> <p>2.1: An ideal time preferably to present the lesson is after the Sunday morning service in line with the normal Sunday School time to maintain the routine.</p> <p>2.2: Please keep the lesson as concise (brief) as possible, bearing in mind the attention span (to focus on the lesson) of our children - you know your child best! <i>Sunday School normally does not exceed 45 minutes.</i></p> <p>2.3: The lesson is class specific (Confirmation 2).</p> <p>2.4: Please contact your Confirmation Teacher if you need any assistance or if you need any of the above resources.</p>
3	Pray (see the prayer at the end of this document) and ask God to use you as a tool to present the lesson the way He would want us to present it.



Present a Sunday School Lesson at Home

How to prepare and present the lesson

We continue to share some tips on how to go about preparing and presenting the lesson:

Step	Action
4	Create a pleasant, disturbance free learning environment where you and the child/ren are at the same level. Example: Sit on a mat or around a table.
5	Read through the lesson. Re-read the lesson so that you understand it. Watch the video-clip of the lesson to get a better understanding of the lesson.
6	Make notes for yourself on important points that you would like to remember.
7	Understand the objective of the lesson that your child must remember.
8	Present the lesson to your child.
9	Show your child the video and recap on the meaning.
10	Refer your child to the activity in the child's workbook (I Also Want To.....)
11	Pray, or ask your child to pray and close the lesson.

Available tools in terms of Home Schooling

Herewith some tools to enhance the quality of the lesson:

1. WhatsApp chat the lesson with another Confirmation 2 family.
2. Discuss the lesson with other parents to obtain clarity regarding the lesson before it is presented.
3. Feel free to conduct (do) your own research for additional (extra) information.
4. Speak to your congregation Coordinator or Teacher.



The Lesson

Lesson Title	Holy Communion – the 7 th Article of Faith
Text	<ul style="list-style-type: none">• Matthew 26: 26-28• Acts 20: 7• 1 Corinthians 11: 26• Luke 22: 19-20• 1 Corinthians 11: 23-26• John 6: 53-56
Lesson Objective	<p>The objectives of this lesson are:</p> <ol style="list-style-type: none">1. The confirmands know the prerequisites for<ol style="list-style-type: none">a) having our sins forgiven, andb) worthily partaking of Holy Communion.

Lesson Summary:

<ul style="list-style-type: none">• Holy Communion is one of the sacraments.• The high point of the divine service is the forgiveness of sins and the celebration of Holy Communion.• We must apologise to God and our neighbor for our sins and have the desire not to sin again.• Then we must partake of Holy Communion worthily (respectfully / honestly).• Jesus himself celebrated the first Holy Communion with his disciples.• Today we celebrate Holy Communion in every divine service and we will do it until the return of Jesus.• The bread and wine of the communion symbolizes the body and blood of Jesus Christ.• Through Holy Communion we remember the sacrifice of Jesus Christ.



Holy Communion – the 7th Article of Faith

What does this lesson mean for us today?

- God forgives us our sins.
- We remember the sacrifice of Jesus Christ through worthily partaking of Holy Communion.
- We believe and live according to the seventh article of faith.
- We also want to worthily partake of Holy Communion.

Some questions that we can ask:

1. What is the high point of a divine service?
Answer: *The forgiveness of sins and the celebration of Holy Communion*
2. With what attitude should we participate in Holy Communion?
Answer: *We should take part in Holy Communion worthily or in other words, respectfully / honestly. We also remember the sacrifice of Jesus on the cross.*
3. When were Holy Communion first celebrated?
Answer: *In the biblical times. Jesus celebrated Holy Communion for the first time with his disciples.*
4. How often should we celebrate Holy Communion?
Answer: *In every divine service until the return of Jesus.*





Additional Notes Dear Parents

1. You will notice that the video clip that is provided has a number of Bible references.

Most of them are not spoken about in the video. As part of your lesson presentation to your child, you can have the Bible with you and ask your child to read the Bible references as you go through the lesson. In this way your child is not idle while you present the lesson.

2. Also, note the activity to be done in the child's confirmation workbook. It is part of lesson 24. This can be done after the lesson is presented to them or if you choose, you can do it as an activity where you and your child do it together.

3. As part of homework, your child must also practice the seventh article of faith.

The wording is as follows:

I believe that Holy Communion was instituted by the Lord Himself in memory of the once brought, eternally valid sacrifice, and the bitter suffering and death of Christ. The worthy partaking of the Holy Communion establishes our fellowship with Jesus Christ, our Lord. It is celebrated with unleavened bread and wine; both must be consecrated and dispensed by a minister authorized by an Apostle.

The confirmands must be able to know each of the articles of faith or at least explain what it is about by the end of their confirmation education.



Notes

