



Future-proofing our children

Pre-Sunday School Class

Lesson Title

Jonah

A Parent's Guide
Sunday School Home Schooling



Dear Parent

Welcome to the “**Jonah**” Pre-Sunday School lesson.

This document provides you with a minimum guide on how to present the lesson.

How to prepare and present the lesson

Below are some tips on how to go about preparing and presenting the lesson:

Step	Action
1.	<p>Access the New Apostolic Church Website by keying-in or clicking on the following link from WhatsApp:</p> <p>https://bit.ly/3NACSSHS</p>
2.	<p>Gather the following tools to ensure that you are ready for the lesson:</p> <ul style="list-style-type: none"> • Bible • The PDF lesson that is already prepared • Child’s workbook and pencils, crayons, etc. • The Video Clip which is an additional optional resource tool • Catechism and Question and Answer (for Confirmation classes) <p>Note:</p> <p>2.1: An ideal time preferably to present the lesson is after the Sunday morning service in line with the normal Sunday School time to maintain the routine.</p> <p>2.2. Please keep the lesson as concise as possible, bearing in mind the attention span (to focus on the lesson) of our children – you know your child best. <i>Sunday School normally does not exceed 45 minutes.</i></p> <p>2.3: The lessons are class-specific (Pre-SS, SS1, RI1 or Confirmation).</p> <p>2.4: Please contact your SS teacher if you need any of the above resources.</p>
3.	<p>Pray (see sample as an annexure) and ask God to use you as a tool to present the lesson the way He would want us to present it.</p>



Present a Sunday School Lesson at Home

How to prepare and present the lesson

We continue to share some tips on how to go about preparing and presenting the lesson:

Step	Action
4.	Create a pleasant (disturbance-free) learning environment where you and the children are at the same level <i>Example:</i> Sit on the mat or around a table
5.	Read through the lesson. Re-read the lesson so that you understand it. Watch the video clip of the lesson to get a better understanding of the lesson.
6.	Make notes for yourself on important points that you would like to remember.
7.	Understand the objective of the lesson that your child must remember.
8.	Present the lesson to your child by telling the story. You can even read the story if you like.
9.	Show your child the video and recap on the meaning/purpose of the lesson.
10.	Refer your child to the activity in the child's workbook.
11.	Pray, or ask your child to pray and close the lesson.

Available tools in terms of Home Schooling

Herewith some tools to enhance the quality of the lesson:

1. WhatsApp chat the lesson with another Pre-Sunday School family.
2. Discuss with other parents to obtain clarity regarding the lesson before it is presented.
3. Feel free to conduct your own research for additional information.
4. Contact your congregation's Sunday School Coordinator or Teacher.



The Lesson

Lesson Title	Jonah
Text	Jonah 1-2
Lesson Objective	We learn that Jonah could not hide himself from God and experience how Jonah was saved by God.

Lesson Summary:

- Once there was a man called Jonah, he was a prophet, which means he gave messages to people from God.
- One day, God told him to go to the city of Nineveh and tell them to stop doing really bad things or God would have to punish them.
- But, Jonah did not want to do this, so he decided to run away.
- He saw a ship going to a place far away, then he bought a ticket and went aboard. He thought God would not find him there.
- But, in the middle of the sea, the Lord sent a violent storm that the ship was in danger of breaking. This happened while Jonah was sleeping below deck.
- The people on the ship was afraid and the captain woke Jonah to pray to God for help.
- Jonah explained that the storm was his fault because he ran away from God, and if they throw him into the water the storm will stop.
- They did not want to, but the storm got worse, then they threw Jonah into the water and the storm stopped.
- At the Lord's command a large fish swallowed Jonah and he was inside the belly of the fish for 3 days and 3 nights before the fish spew him out onto dry land. While he was inside the fish he prayed and thanked God for saving him.
- Jonah then went to the city of Nineveh and to told the people what God wants and the people listened to him. They changed their lives.

What does this lesson mean for us today?

- Always listen to God and obey Him with the right attitude and right away.
- God will always help us and save us in difficult situations, because He loves us.



Some questions that we can ask:

1. What is the name of the city that God sent Jonah to?

Answer: *The city of Nineveh*

2. Why did Jonah board the ship?

Answer: *He wanted to run far away from God*

3. How did God save Jonah from drowning?

Answer: *God sent a big fish to swallow Jonah*

4. How long did Jonah stay in the belly of the fish?

Answer: *3 days and 3 nights*

Our Prayers

A Prayer for Daddy and Mommy to pray before the lesson:

Dear Heavenly Father, Thank You for another day of Your Love and Kindness.

Please Bless my mom and dad and Bless our Ministers and all our friends and family

We pray that we will always treasure You and that we will be Obedient to our parents

Bless us that we may be Kind and Loving and treat everyone we meet with Respect and Kindness

Please Bless this Sunday School lesson and may we always remember to thank you for choosing us to be your Child.

We want to remain Faithful and Obedient until You come to take us Home with you.

We ask all of this in your Precious Name. Amen

A prayer after the lesson:

Dear Father in heaven.

Thank you for keeping us safe and for allowing us to have heard another beautiful Bible story.

Thank you for protecting us and keeping us safe from any danger.

Please help us to always be Obedient to our mom and dad and to be Kind to everyone we meet. Please also help us with our schoolwork.

Bless our Chief Apostle, the Apostles and all the ministers. Please keep them safe when they travel so they can teach us more about Your great work, God.

Please help all your children, especially those who are sick and who have no food or shelter. Please come soon and take us all home.

We ask all of this, not because we have earned it, but in Jesus name. Amen.