



## Future-proofing our children

Religious Instruction Class 2

Lesson Title Jesus celebrates Holy Communion

A Parent's Guide  
Sunday School Home Schooling



# Dear Parent

Welcome to the “**Jesus celebrates Holy Communion**” Religious Instruction 2 lesson.

This document provides you with a minimum guide on how to present the lesson.

## How to prepare and present the lesson

Below are some tips on how to go about preparing and presenting the lesson:

Step	Action
1.	<p>Access the New Apostolic Church Website by keying-in or clicking on the following link from WhatsApp:</p> <p><a href="https://bit.ly/3NACSSHS">https://bit.ly/3NACSSHS</a></p>
2.	<p>Gather the following tools to ensure that you are ready for the lesson:</p> <ul style="list-style-type: none"> <li>• Bible</li> <li>• The PDF lesson that is already prepared</li> <li>• Child’s workbook and pencils, crayons, etc.</li> <li>• The Video Clip which is an additional optional resource tool</li> </ul> <p><b>Note:</b></p> <p>2.1: An ideal time preferably to present the lesson is after the Sunday morning service in line with the normal Sunday School time to maintain the routine.</p> <p>2.2. Please keep the lesson as concise as possible, bearing in mind the retention span (to focus on the lesson) of our children – you know your child best. <i>Sunday School normally does not exceed 45 minutes.</i></p> <p>2.3: The lessons are class specific (i.e. SS, RI or Confirmation).</p> <p>2.4: Please contact your SS teacher if you need any of the above resources.</p>
3.	<p>Pray (see the prayer at the end of this document) and ask God to use you as a tool to present the lesson the way He would want us to present it.</p>



# Present a Sunday school Lesson at Home

## How to prepare and present the lesson

We continue to share some tips on how to go about preparing and presenting the lesson:

Step	Action
4.	Create a pleasant (disturbance free) learning environment where you and the children are at the same level <b>Example:</b> Sit on the mat or at a table
5.	Read through the lesson. Re-read the lesson so that you understand it. Watch the video clip of the lesson to get a better understanding of the lesson.
6.	Make notes for yourself on important points that you would like to remember.
7.	Understand the objective of the lesson that your child must remember.
8.	Present the lesson to your child by telling the story. You can even read the story if you like.
9.	Show your child the video and recap on the meaning/purpose of the lesson.
10.	Refer your child to the activity in the child's workbook.
11.	Pray, or ask your child to pray and close the lesson.

## Available tools in terms of Home Schooling

Herewith some tools to enhance the quality of the lesson:

1. WhatsApp chat the lesson with another Religious Instruction family.
2. Discuss with other parents to obtain clarity regarding the lesson before it is presented.
3. Feel free to conduct your own research for additional information.
4. Your congregation Sunday School Coordinator and Teacher.



<b>Lesson Title</b>	Jesus celebrates Holy Communion
<b>Text</b>	Mark 14: 12-26; Matthew 26: 17-30; 1 Corinthians 11: 23-29 and John 6: 53-57
<b>Lesson Objective</b>	The children understand the meaning of Holy Communion.

## Lesson Summary:

- Years ago, God asked the Jewish people to celebrate the Passover meal annually in remembrance of how He saved them from death. This is still celebrated today.
- The meal consisted of a lamb, unleavened bread (bread without yeast), a dip made of bitter herbs and was accompanied by wine.
- This meal was also celebrated by Jesus and His twelve disciples.
- During this meal Jesus celebrated the first Holy Communion with eleven of His disciples. Read Mark 14: 12-21
- While they were eating, Jesus took bread, gave thanks, broke it, and gave it to the disciples saying, “This is My body given to you, do this in remembrance of Me.”
- Then, He took the cup, gave thanks, gave it to them saying, “Drink from it all of you. For this is My blood of the new covenant, which is shed for the forgiveness of sins. Do this in remembrance of Me. I will not drink wine again until I drink it with you in My Father’s Kingdom.”
- Jesus started Holy Communion with His Apostles and with the words “Do this in remembrance of Me”, Jesus gave them the commission to celebrate Holy Communion.
- Over time, Holy Communion moved from a meal to a celebratory act and became a sacrament within the framework of a divine service. Read the history on page 55 of the RI 2 Workbook.
- The wafer, made of flour and water, is unleavened bread with three drops of wine, and the first and last letters of the Greek alphabet on it. Jesus is our Alpha and Omega, the beginning and the end, the first and last.



## The sequence of events at Holy Communion:

- We sing the hymn of repentance
- We earnestly pray the Lord's Prayer and we ask God for forgiveness of our sins.
- The absolution is proclaimed and we receive the forgiveness of our sins.
- We receive the peace of the Risen One, Jesus – we are now free from sin and reconciled with God, we are willing to change what does not please God. By doing all this we become worthy to receive Holy Communion.
- The wafers, bread and wine, are consecrated. Through this blessing, the body and blood of Jesus become present in it.
- A Priestly minister then dispenses the consecrated wafer with the words, "The body and blood of Jesus given for you." This is when we have fellowship with Jesus Christ and one another.
- We respond with, "Amen" expressing that we believe in everything connected with Holy Communion.

## What does this lesson teach us?

- The first Holy Communion was celebrated by Jesus with His disciples
- With the words, "Do this in remembrance of Me", Jesus gave the disciples the commission to celebrate Holy Communion as He has done.
- Holy Communion is celebrated in each of our divine services and is one of our sacraments. God forgives our sins.
- We remember the sacrifice of Jesus by worthily partaking of Holy Communion.
- Holy Communion is a celebration of joy, praise and thanksgiving.
- We are thankful that Jesus gave His life for us, so we could be reconciled with God and have eternal life.
- Through Holy Communion we have the assurance of remaining in Jesus and He is remaining in us.
- Holy Communion increases the awareness that Jesus will complete what He began and that He will return to fetch us.



**Do the Exercise with your child.**

**Answer to Exercise:**

Jesus – blessed – disciples – body – cup – drink – blood – remission

**Some questions we can ask:**

1. Why was the Passover meal celebrated by the Jewish people?

**Answer:** God asked them to celebrate Passover as remembrance of how He save them from death

2. Who instituted Holy Communion?

**Answer:** Jesus Christ

3. Why did Jesus institute Holy Communion?

**Answer:** He wants us to remember His sacrifice in order for us sinners to be reconciled with God and have eternal life

4. For Holy Communion to have the intended effect on our lives, how should we partake of it? **Answer:** worthily

5. Who had the wafers sprinkled with three drops of wine and when did this happen?

**Answer:** Chief Apostle Niehaus in 1917

6. What does the first and last letter of the Greek alphabet on the wafer refer to?

**Answer:** Jesus is the Alpha and Omega, the beginning and the end, the first and the last

**A Prayer for Daddy and Mommy to pray before the lesson:**

*Dear God, thank you for this day*

*Bless all parents and children*

*May we feel your presence*

*Bless the lesson we will have*

*Please teach us how to serve you*

*And help us to do your will*

*So that we grow closer to you*

*Send Jesus to fetch us*

*And may we be ready to meet Him - Amen*