



Future-proofing our children

Sunday school Class 4

Lesson Title

Elijah and the widow of Zarephath

A Parent's Guide

Sunday School Home Schooling



Dear Parent

Welcome to the “Elijah and the widow of Zarephath” Sunday school 4 lesson.

This document provides you with a minimum guide on how to present the lesson.

How to prepare and present the lesson

Below are some tips on how to go about preparing and presenting the lesson:

Step	Action
1.	<p>Access the New Apostolic Church Website by keying-in or clicking on the following link from WhatsApp:</p> <p>https://bit.ly/3NACSSHS</p>
2.	<p>Gather the following tools to ensure that you are ready for the lesson:</p> <ul style="list-style-type: none"> • Bible • The PDF lesson that is already prepared • Child’s workbook and pencils, crayons, etc. • The Video Clip which is an additional optional resource tool <p>Note:</p> <p>2.1: An ideal time preferably to present the lesson is after the Sunday morning service in line with the normal Sunday School time to maintain the routine.</p> <p>2.2. Please keep the lesson as concise as possible, bearing in mind the retention span (to focus on the lesson) of our children – you know your child best. <i>Sunday School normally does not exceed 45 minutes.</i></p> <p>2.3: The lessons are class specific (i.e. SS, RI or Confirmation).</p> <p>2.4: Please contact your SS teacher if you need any of the above resources.</p>
3.	<p>Pray (see the prayer at the end of this document) and ask God to use you as a tool to present the lesson the way He would want us to present it.</p>



Present a Sunday school Lesson at Home

How to prepare and present the lesson

We continue to share some tips on how to go about preparing and presenting the lesson:

Step	Action
4.	Create a pleasant (disturbance free) learning environment where you and the children are at the same level Example: Sit on the mat or at a table
5.	Read through the lesson. Re-read the lesson so that you understand it. Watch the video clip of the lesson to get a better understanding of the lesson.
6.	Make notes for yourself on important points that you would like to remember.
7.	Understand the objective of the lesson that your child must remember.
8.	Present the lesson to your child by telling the story. You can even read the story if you like.
9.	Show your child the video and recap on the meaning/purpose of the lesson.
10.	Refer your child to the activity in the child's workbook.
11.	Pray, or ask your child to pray and close the lesson.

Available tools in terms of Home Schooling

Herewith some tools to enhance the quality of the lesson:

1. WhatsApp chat the lesson with another Sunday school 4 family.
2. Discuss with other parents to obtain clarity regarding the lesson before it is presented.
3. Feel free to conduct your own research for additional information.



The Lesson

Lesson Title	Elijah and the widow of Zarephath
Text	1 Kings 17: 6-24
Lesson Objective	The children's faith in God's help is strengthened. God keeps His word and His promises.

Lesson Summary:

- Ahab, the king of Israel, had married Jezebel, the daughter of the heathen king of Sidon and she brought the gods of her homeland, Baal and Asherah, together with their prophets to Israel. The royal court and the majority of Israel worshipped these gods and practised idolatry.
- The Lord's prophet, Elijah, he warned the people to turn away from Baal worship and obey God. The Lord then told Elijah to deliver a message to king Ahab. Elijah warned the king, "As the Lord God of Israel lives, whom I serve, there will be no dew or rain for the next few years until I say so".
- Then God told Elijah to hide in a ravine, near the brook of Cherith. Here, he was safe from Jezebel's persecution and God would supply him with water and food. Elijah obeyed God's command. He drank water from the brook and ravens brought him bread and meat every morning and every evening.
- Just as Elijah said there was no rain or dew. The people called on Baal for help, but the ground became dry and the harvests failed. Even the brook of Cherith dried up. God then directed Elijah to Zarephath where a widow would provide him with food and water.
- When Elijah arrived in Zarephath, he saw the widow and asked her, "Will you please bring me water to drink and bread to eat?" The widow replied, "I don't have any bread. I only have a handful of flour and a little oil to make a last meal for myself and my son."
- Elijah told her not to be afraid, but to go home and make a small loaf of bread for him and then bake bread for her and her son. "God will not let the flour and oil run out before the rain comes again." The widow obeyed and they had a meal together.
- Later, when she went to the jar of flour and jug of oil, she saw that the flour and oil was not used up. God fulfilled His promise, no matter how much flour and oil they used, it was replaced. Through this miracle God saved them from starvation.



- Some time later, the widow's son became very ill and dies. She then shouted at Elijah, "Did you come to remind me of my sin and kill my son?" Elijah took the boy to his room and prayed to the Lord.
- Then he stretched himself upon the child cried out, "Lord please let this boy's soul return to him." A great miracle happens, the boy started to breathe again and opened his eyes. Overjoyed, Elijah takes him to his mother. She can hardly believe her eyes. This experience strengthened her faith in God.

What does this lesson mean for us today?

- Both Elijah and the widow experienced God's help.
- God kept his promises to Elijah and protected him and provided water and food for him during the drought.
- The widow's experiences with God strengthened her faith and trust in Him.
- We too, may experience God's help time and again.

God will always help us and keep His promises, we must just ask and trust in Him.

Some questions that we can ask:

1. Why did God give Elijah a hiding place in a ravine?

A: To keep him safe from Jezebel's persecution.

2. How did Elijah get food?

A: ravens brought him bread and meat every morning and every evening

3. Where to did God direct Elijah when the brook dried up?

A: Zarephath

4. Who did God say would look after him there?

A. A widow

5. What happened to the widow's son?

A. He died and Elijah, with God's help brought him back to life

A Prayer for Daddy and Mommy to pray before the lesson:

Dear God, thank you for this day, bless all parents and children

May we feel your presence, bless the lesson we will have

Please teach us how to serve you, and help us to do your will

So that we grow closer to you, Send Jesus to fetch us

And may we be ready to meet Him - Amen